

KIANG NANGBAH GOVERNMENT COLLEGE,

JOWAI

NATIONAL SERVICE SCHEME (NSS)

Motto: "Not me but you"



Activity : NSS Special Camp at Khonglah village. West Jaintia Hills, Meghalaya

Date: From 3th to 7th-November-2018.

Number Of NSS Volunteers : 25

Outcome : A free eye check camp was conducted for the benefit of the villagers especially to those who need it, variety programme like singing, drawing, and painting and essay competition was conducted for the school students. A cleaning drive was also done during the camp period. A total number of around hundred students were benefited from the programme. The village as a whole had very much appreciated the work done by the NSS unit of the college.

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Activity : World Environment Day.

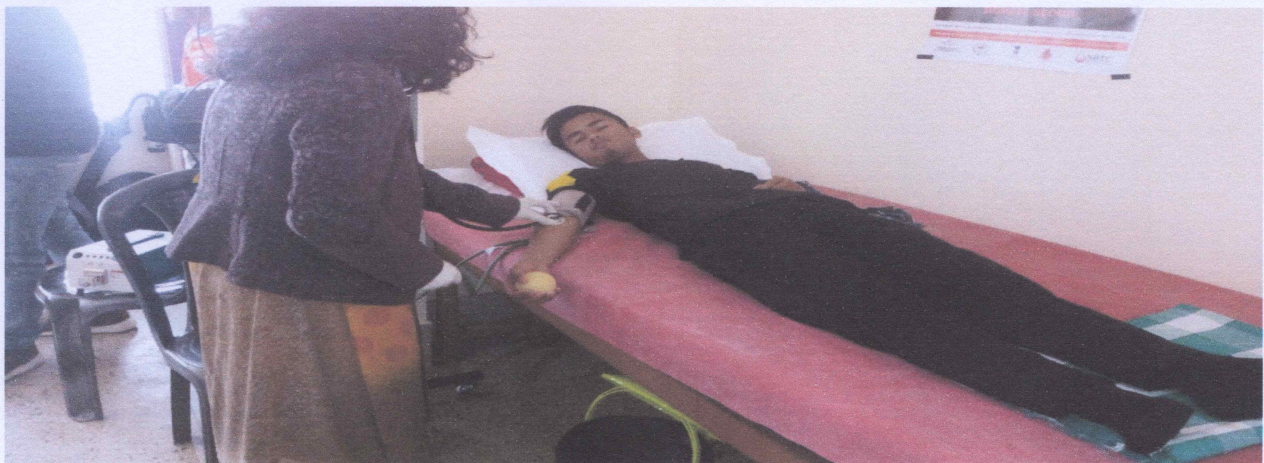
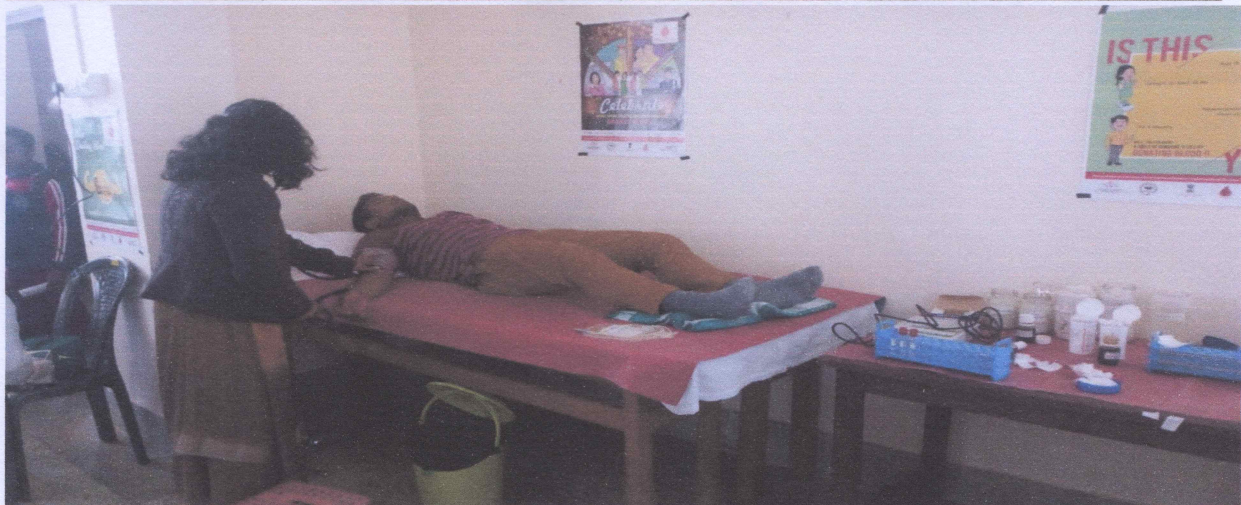
Date:05th -June-2018.

Number Of NSS Volunteers : 41

Outcome : To spread the message of global warming and it's effects, moreover to spread the idea of conservation of all forms of plant life and also to create afforestation wherever possible. The aim is to enhance the awareness about degradation of our environment and to attract attention of our policy makers and also the people of the world. On the part of the NSS of the college we had planted trees in Lalong Park and also played an short skit based on the theme of protecting the environment. The programme was participated with great enthusiasm by the NSS volunteers and also they learn the value of protecting the environment.



Awareness Cum Voluntary Blood Donation Camp.



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Activity : NSS Special Camp at Khonglah village. West Jaintia Hills, Meghalaya.

Date: From the 6th to 8th.November.2017.

Number Of NSS Volunteers : 30

Outcome : A programme on Personality Development and Self Esteem was conducted ,benches and desk were also donated to the village school, a bathing cum bathing shed was also constructed for the village. Extra curricular like singing competition essay writing, painting and drawing was done for the benefit of the students. The students was also taught on how to do march past. The students and the villagers appreciated the work done by the unit.



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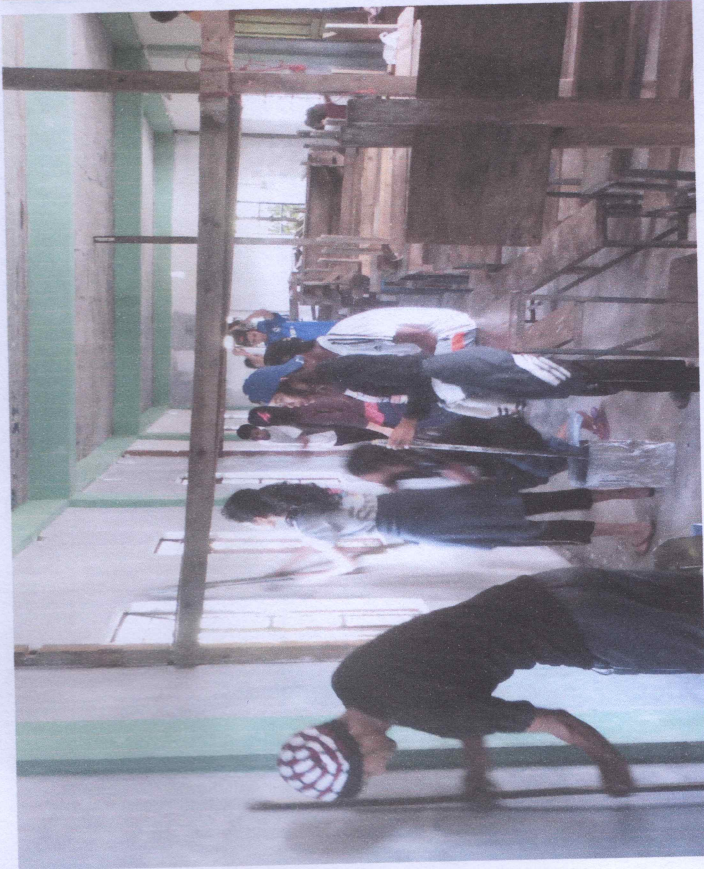


Activity : NSS Special Camp at Khonglah Village, West Jaintia Hills, Meghalaya

Date: from 7th to 11th November. 2016

Number Of NSS Volunteers : 25

Outcome : White washing of the village school. Before doing the work the school building was in a bad condition in a sense that the look of the school building was very poor. In consultation with the village authorities they requested us to renovate the building in whatever way possible and also within our capacity. Accordingly the NSS unit of the college painted the school building which was large in size, it consists of altogether ten rooms and an office. The work was done within the time allotted to us. On the whole the village as a whole appreciated our work and express gratefulness to us.



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Activity : Road safety week.

Date: 9th to 15th.January.2017

Number Of NSS Volunteers : 25

Venue:Jowai Town,Meghalaya

Outcome : Drivers should be aware about traffic rules for own their safety and also for the safety of other drivers and the pedestrians that are on the roads. The NSS unit of the college started the day by distributing pamphlets in many parts of the towns which contains the rules and regulations about safe driving. In addition to this the NSS unit of the college also attended the awareness programme on Road safety week that was organised by the Traffic Police in the town. By participating in this activity it was hope that drivers should learn to drive responsibly.



ROAD SAFETY WEEK 11-01-2020 NSS VOLUNTEERS DISTRIBUTING LEAFLETS CONTAINING TRAFFIC RULES TO DRIVERS IN JOWAI TOWN



FINANCIAL LITERACY PROGRAMME AT JAWAHAR NAVODAYA VIDYALAYA MUKHLA WEST JAINTIA HILL 13-03-2020



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Activity : Joint Rally organized by Thomas Jones Synod College & Kiang Nangbah Govt. College in observance of Swachhta Pakwada.

Date: 14th-August-2018.

Number Of NSS Volunteers : 50

Venue:Jowai Town,Meghalaya

Outcome : to infuse a sense of cleanliness among the people for a better environment. Through this programme it is hope that the drains, the roads, and the rivers would be free from all forms of dirt. The aim of the programme is also to see that our town is open defecation free. It is also the world's largest behaviour change programme. Through this programme it is expected that people should be aware that there is a link between sanitation health. During the rally it is also observe that some people are curious and also interested to learn from the programme.



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Activity : International Yoga Day.

Date: 21th-June-2018.

Number Of NSS Volunteers : 35

Venue :College Campus

Outcome : To popularise yoga to all and also to inculcate to the people practice yoga daily for a healthy life free from sickness. The activity was conducted in the morning in the college campus. The feedback from the students was that after doing yoga was that it makes one feel good about oneself and it helps one to take a positive approach to life Another response from the students was that they they regularly practice yoga as there are many health benefits that one gets from the practice of yoga. The whole exercise was conducted by two students of the NSS units who are also members of the Art of Living.



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Activity : International Yoga Day.

Date: From 21th-June-2019.

Number Of NSS Volunteers : 40

Venue: College Campus

Outcome : To popularise yoga to all and also to inculcate to the people practice yoga daily for a healthy life free from sickness. Keeping in mind the various types of sickness that effects mankind practice of yoga on a daily basis would help a lot in reducing the health problem of the people around the world. In this institute yoga day is observed every year to send a message to the students as well as to the society the importance of yoga in ones life. A regular practice of yoga for just fifteen minutes can give a great boost to the brain and the body. One don't have to be an expert in yoga ,just a few poses of yoga daily can keep one in good physical and mental condition.



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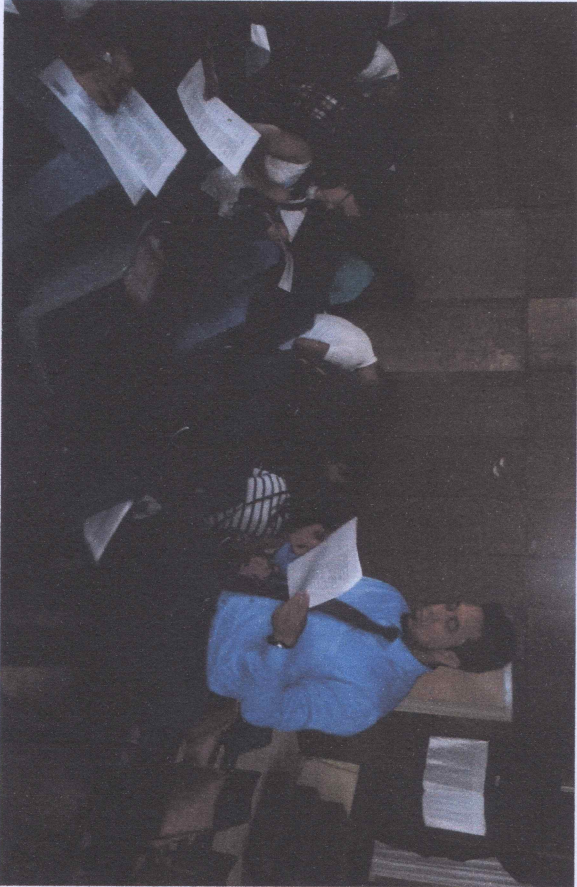
Activity : Training Programme for NSS Volunteers on life skills ,leadership ,personality development and career counselling.

Date: From 22th to 26th-August-2017.

Number Of NSS Volunteers : 40

Venue: College Campus.

Outcome : To make the students aware about Life Skills, Leadership, Personality Development and Career Counselling, so that they can prepare for their future with confidence so as to have a successful life. This programme was organised in collaboration with Hundred Fold Academy of Shillong a premier institution in this field. The programme was very informative as well as very useful. It created a feeling among the students that they could unleash their potentiality by attending to such kind of programme. The students as a whole appreciated the programme.



NATIONAL VOTERS DAY 25-01-2020 ORGANISE BY DC OFFICE (ELECTION JOWAI)



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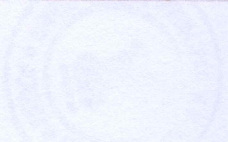
Activity : International Youth Day.

Date: From 28th to 02th-June-2019.

Number Of NSS Volunteers : 60

Venue.: College Campus.

Outcome : To show the significance of being a youth and also to enlightened the youths about their role and responsibilities and their duties towards the society. A number of activities like debate, extempore speech, essay writing, and basket ball competition was organised for the students. A programme on awareness of HIV and AIDS was also conducted by a doctor. This day is observed to show the talents of the youth, also to highlight their role in the society and also to give a ray of hope to those youths who had lost faith in themselves



AWARNESS PROGRAMME ON COVID-19 PREVENTION FOR NON TEACHING STAFF OF KNGC ON 29-05-2020



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NSS VOLUNTEERS MAINTAINING SOCIAL DISTANCING AS A PRECAUTION AGAINST COVID -19 DURING THE MONTH OF APRIL 2020 AT JOWAI TOWN



MAKING OF MASKS AND POSTERS CAMPAIGN BY NSS VOLUNTEERS AS A PRECAUTION AGAINST COVID -19 DURING THE MONTH OF APRIL 2020

