

Kiang Nangbah Govt. College, Jowai

YOGA CELL COMMITTEE

Report on: International Yoga Day

Date: 21st June 2022

No.KNGC/C-37/Yoga/2022/

Date 05th July 2022

On the inter National Yoga day a yoga was organised by the Yoga Cell Committee in collaboration with NSS and NCC of our College which is held on 21st June 2022 from 8.00. A.M up to 10. 00.. P.M at our college indoor Hall. The main purpose of this event was to celebrate the Inter National Yoga Day and to make every one understands and realise how much important of yoga in our life and how it benefit to our health.

With the present of our Principal Dr. Easter Meena Blah along with 22 boy's cadet and 19 girl's cadets from our college NCC 23 female and 9 male from our NSS unit, 23 girls cadet and 31 boys cadet from H.K Singh Jowai NCC, 4 P.I Staff from 42bn Shillong 6 teaching staff and some non-teaching staff members from our college . Overall attendant was 138 members attend in this event. After event was over light refreshment was given to all the participants.

It was a very wonderfully and successful event, even though this was the first time we have conducted such a program in our college. The team ware very grateful to see that event was fruitful.

Sd/-

(Shri. H. Toi)

Member Secretary

Yoga Cell Committee

K.N.G.C, Jowai





Date: 21th June, 2022

**KIANG NANGBAH GOVERNMENT COLLEGE,
JOWAI**

YOGA CELL IN COLLABORATION WITH

IQAC

Celebrates

International
YOGA DAY - 2022

Theme: "Yoga for Humanity"



Venue: INDOOR HALL



P/copy



Dr.(Mrs) E.M.Bhah,
Principal,

GOVERNMENT OF MEGHALAYA

Office of the Principal, Kiang Nangbah Govt. College, Jowai

(Affiliated to North Eastern Hill University)

Jowai- 793150

West Jaintia Hills District, Meghalaya



(O) Tel. No. 93652-22300
Email: kage1967@gmail.com

ORDER No : 28 .

Dated Jowai, the 20th June, 2022.

In the meeting of the Sports and Games Committee, with the N.S.S and Outreach Cell held on the 16th June, 2022 decided to form a Yoga Cell in the College with the following members.

1. Shri H.Toi - Member Secretary,
2. Dr.J.P.Sharma - Member
3. Shri L.Ksoo - Member.
4. Shri J.Kharkongor - Member
5. Dr. D.Suchiang - Member.,
6. Shri M.Passah - Member,
7. Smt. J.Dkhar - Member,
8. Smt. Dakaru Suchiang- Member

Jallah
Principal,

K.N.Govt. College, Jowai.

Memo No. KNGCJ / N / 3 /2022-2023/730 (A) Dated Jowai, the 20th June, 2022.

Copy:-

1. To all the above members, for information and necessary action.
2. Office copy.

Jallah
Principal,

K.N.Govt. College, Jowai.





West Jaintia Hills, Meghalaya, India

	Longitude	Latitude	
	92.2097° E	25.4557° N	
Tuesday, 21, Jun, 2022			08:46 AM



West Jaintia Hills, Meghalaya, India

	Longitude	Latitude	
	92.2097° E	25.4557° N	
Tuesday, 21, Jun, 2022			08:45 AM





West Jaintia Hills, Meghalaya, India

	Longitude	Latitude	
	92.2097° E	25.4557° N	19° C
	Tuesday, 21, Jun, 2022		08:48 AM

